

*Beauty Supplements
for women*





Inner Beauty Supplements for woman

Inner Beauty Supplements combine the health food and skin care categories to provide an exclusive range of health foods that improve the skin for women. The new category is gaining rapid popularity, particularly in Asia, and Pure Australia has collated a range of premium products for all women.

Marine Collagen

Collagen is produced by the human body and is a complex protein that maintains the structure of cells. It maintains the strength and flexibility of various parts of the body, but particularly is an essential lubricant for the skin, bones and muscles. Collagen is rich in essential amino acids and proteins which play a vital role for the maintenance of connective tissues. The two main types are animal collagen and marine collagen however marine collagen provides less odor and fatty ingredients. Marine Collagen will help restore lost collagen as a result of aging and repair the skin, joints and bones.

Features and benefits

Main: Skin, Joints, Bones

- Maintains the strength and flexibility of the skin and reduces wrinkles
- Essential lubricant for the skin, joints, bones, muscles and eyes.
- Supports connective tissues to support joints and reduce pain from osteoporosis

Dosage

Take 1 to 2 capsules daily



Menopause premier gold

Menopause revival helps adjust to the changing levels of natural hormones that occur in the body during menopause. Menopause revival may assist to reduce vasomotor symptoms such as hot flashes and palpitations and psychological symptoms such as increased depression, anxiety, irritability, mood swings and lack of concentration.

Features and benefits

Main: Menopause

- Assists to reduce vasomotor symptoms such as hot flashes and palpitations
- Supports psychological symptoms such as increased depression, anxiety, irritability, mood swings and lack of concentration
- Atrophic symptoms such as vaginal dryness and urgency of urination
- Overall management of menopause effects

Dosage

Take 1 to 2 capsules twice daily or as required



Coenzyme Q10 Active

CoQ10 is part of the cells that play an essential role in the production of energy in the body. It is located near tissues that require the most energy and important for the health of virtually all internal organs. Deficiencies in CoQ10 may occur as the result of insufficient dietary intake, intense physical activity, disease and aging.

CoQ10 is used for a variety of functions such as assisting heart health, high blood pressure, gum disease and even fertility. Importantly, some studies have shown that CoQ10 can reduce the damage to cells that free radicals cause.

This can assist with skin cell damage and wrinkles to make your skin appear younger.

Features and benefits

Main: Skin, Heart, High Blood Pressure

- Energises cell activity to repair skin damage making it appear younger
- Anti-oxidant effects protect the skin from the sun, pollution and other environmental factors
- Enhances the production of collagen and protein to reduce wrinkles
- Supports the tissue and overall health of the heart, kidneys, liver and pancreas
- Promotes healthy cardiovascular function and general longevity
- Lower LDL and stimulate HDL to maintain healthy cholesterol levels.
- Assist to lower blood pressure

Dosage

Take 1 capsule daily or as directed by a physician



Energy multivitamin

The Energy multivitamin combines 19 essential vitamins and minerals, including the vitamin B complex, antioxidant minerals, vitamins C and E.

This formula establishes a foundation for optimal nutrition that assists the immune system and supports general health and wellbeing. Energy multivitamin was designed to assist the busy lifestyles of all individuals to ensure a balanced diet is maintained.

Features and benefits

Main: General Wellbeing, Skin

- Antioxidant effects to protect the skin and assist with wrinkles
- Vitamin B complex promotes ceramides and fatty acids to protect the skin and maintain moisture
- Vitamin C helps reduce the effects of free radicals to fade spots and strengthen skin
- Vitamin E assist with skin drying out and enhances defence against the sun

Dosage

Take 1 to 2 capsules twice daily or as required



Vitamin C

Vitamin C assists in the formation of collagen and binds our tissues together to keep skin healthy. It is also a potent water-soluble antioxidant that may assist in reducing the duration and symptoms of the flu and allergies.

Features and benefits

✕ Main: Skin, Immune System, Heart

- Vitamin C assists with the formation of collagen to give skin firmness and strength
- Vitamin C forms scar tissue and ligaments to help repair the skin
- Antioxidant effect reduces free radical damage, the main cause of wrinkles and dry skin
- Reduces durations and symptoms of the flue and allergies
- Vitamin C prevents heart disease and strokes by reducing damage to artery walls, supporting cholesterol levels and reducing high blood pressure.

Dosage

Take 1 to 2 capsules twice daily or as required



Evening Primrose Oil

Evening Primrose Oil is the oil of a plant containing the essential fatty acid gamma linolenic acid (GLA), which is converted into anti-inflammatory agents by the body.

Evening primrose oil is available as a nutritional supplement and touted as a pain and inflammation reliever. Each capsule contains 1000mg of evening primrose oil which is the equivalent to 100mg of Gamma Linolenic Acid (GLA) and is an essential type of fat that is vital for good health. For everyday health and longevity, there are approximately 50 essential elements that our bodies need and acquire from our diet.

Most healthy individuals convert Omega 6 to GLA to PG1, however some struggle with the conversion process and require additional supplements such as GLA rich Evening Primrose Oil.

Features and benefits

Main: Skin, Immune System

- Reduce the symptoms of eczema
- Help treat acne and rosacea
- Relieve the discomforts of PMS, menopause, menstruation, endometriosis and fibrocystic breasts
- Ease joint pains and swelling from rheumatoid arthritis
- Prevent diabetes-associated nerve damage

Dosage

Take 1 to 3 capsules daily with food or as directed by your physician



Placenta 12,000

Baby Sheep Placenta is an extremely rich source of protein and contains more than 30 different amino acids. Baby Sheep Placenta is recommended in promoting general health and improving physical vitality. It can assist to awaken dormant cells within the human body by stimulating the growth and function of existing tissue and repairing or regenerating old and malfunctioning cells.

Features and benefits

Main: General Wellbeing, Skin

- Promotes general wellbeing and health
- Assists growth of existing tissues and repairs old cells to support healthy skin
- Anti-aging effects slows the formation of wrinkles and blemishes and enhances moisture
- Healing effect on wounds and scars to smooth out skin

Dosage

Take 1 capsule daily or as directed by your health care professional







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